



April 4, 2007

9/2007 **E-**

Language

FIRST AID COURSES FOR VICTORIAN COMMUNITY LANGUAGES SCHOOL TEACHERS AND INSTRUCTORS

Fifty Seven ethnic schools teachers and instructors successfully completed Level 1 First Aid Course this week and another sixty are ready to join in coming weeks.

Participants who successfully completed the course are now able to perform standard emergency procedures as well as CPR (Cardio Pulmonary Resuscitation). They have been trained to handle injuries such as wounds, fractures, poisons, burns and temperature problem.

The course covers:

- 1- Basic life Support
 - When discovering an unconscious or injured person what do you do?
 - Describe Rescue Breaths
 - CPR
- 2- Wound Management
 - Handling & Controlling bleeding
 - Shock
 - Managing of an embedded object
 - Treating an abdominal wound
 - Control nose Bleeding
 - Treating head injury
- 3- Management of Fractures
 - Type of Fractures
 - Sign and symptoms of a possible fracture
 - Managing of fracture
 - Treating a bone protruding from the skin
 - Managing a spinal injury
 - Fracture ribs
 - What to do when a tooth has been knocked out?
- 4- Poisons, Bite & Stings
 - What are the steps to help an unconscious person who has been poisoned?
 - What are the steps to help a conscious person who has been poisoned?
 - Drug overdose
 - Snake bite
 - Spider bite
 - Bee sting
 - Jellyfish sting
- 5- Ear, Eye, & Sports Injury
 - Bleeding Ear
 - Managing eye injury
 - Treating a sprained ankle
 - Managing a dislocation
 - Bruise

- Black eye
- 6- Temperature Problems
 - Signs and symptoms of hypothermia
 - Treating hypothermia
 - Managing a frostbite victim
 - What are the dangers of electrocution?
 - Treating burns
 - Signs and symptoms of heat exhaustion
 - Heat Stroke
- 7- Common Health Issues
 - What are the steps in the event of a seizure?
 - Fainting
 - Signs and symptoms of hypoglycaemia (low blood sugar)
 - Choking victim
 - Asthma Sufferer
 - How to trigger an asthma attack.

A complete copy of the Level 1 First Aid Text will be available online soon.

More courses will be conducted throughout 2007 to assist schools in complying with an important Key Result Area of the Quality Assurance Framework which grants the school accreditation.
